



# Healthway Screening



## Health Screening Corporate Packages

# EXECUTIVE HEALTH SCREENING PACKAGES

## SUPERIOR PACKAGE (UNDER THE AGE OF 40)

### \$360

#### Medical Examination By Doctor

- Interview on Medical History
- Physical Examination
- ThinPrep ♀

#### Clinical Assessment

- Height & Weight and BMI
- Blood Pressure
- Body Fat Measurement
- Visual Acuity
- Colour Vision
- Tonometry
- 12 Leads Resting Electrocardiography

#### Blood Investigation

##### HAEMATOLOGY

- Haemoglobin
- Total Red Blood Cell Count
- Haematocrit (HCT/PCV)
- Red Cell Indices (MCV, MCH, MCHC)
- Total White Blood Cell Count
- Differential Count
- Platelet Count
- Blood Group
- Peripheral Blood Film (PBF)
- Erythrocyte Sedimentation Rate (ESR)

##### KIDNEY FUNCTION

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride

##### LIVER FUNCTION

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

##### DIABETES SCREEN

- Glucose

##### BONE & JOINT SCREEN

- Calcium
- Uric Acid
- Phosphate
- Rheumatoid Factor

##### LIPID SCREEN

- Total Cholesterol
- Triglycerides
- HDL Cholesterol (Direct)
- LDL Cholesterol (Calculated)
- Total Chol/HDL Ratio

##### THYROID SCREEN

- Thyroxine (Free T4)
- Thyroid Stimulating Hormone (TSH)

##### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis B Antibody
- Hepatitis B Antigen
- Hepatitis C Antibody

##### TUMOURS MARKERS

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂

##### Radiological Investigation

- Chest X-Ray

##### Selection of 1 Test:

- Pelvis Ultrasound
- Prostate Ultrasound
- Breast Ultrasound
- Mammogram
- Treadmill ECG
- Bone Mineral Density
- Thyroid Ultrasound

##### URINE & STOOL ANALYSIS

- Urine FEME
- Stool Occult Blood

##### EVALUATION & REPORT

- Full Medical Report
- Post Examination Review by Doctor

# EXECUTIVE HEALTH SCREENING PACKAGES

## ESSENTIAL PACKAGE (ABOVE THE AGE OF 40)

### \$560

#### Medical Examination By Doctor

- Interview on Medical History
- Physical Examination
- ThinPrep ♀

#### Clinical Assessment

- Height & Weight and BMI
- Blood Pressure
- Body Fat Measurement
- Visual Acuity
- Colour Vision
- Tonometry
- Spirometry
- 12 Leads Resting Electrocardiography

#### Blood Investigation

##### HAEMATOLOGY

- Haemoglobin
- Total Red Blood Cell Count
- Haematocrit (HCT/PCV)
- Red Cell Indices (MCV, MCH, MCHC)
- Total White Blood Cell Count
- Differential Count
- Platelet Count
- Blood Group
- Peripheral Blood Film (PBF)
- Erythrocyte Sedimentation Rate (ESR)

##### KIDNEY FUNCTION

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride

##### LIVER FUNCTION

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

##### DIABETES SCREEN

- Glucose

##### BONE & JOINT SCREEN

- Calcium
- Uric Acid
- Phosphate
- Rheumatoid Factor

##### LIPID SCREEN

- Total Cholesterol
- Triglycerides
- HDL Cholesterol (Direct)
- LDL Cholesterol (Calculated)
- Total Chol/HDL Ratio

##### THYROID SCREEN

- Thyroxine (Free T4)
- Thyroid Stimulating Hormone (TSH)

##### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis B Antibody
- Hepatitis B Antigen
- Hepatitis C Antibody

##### TUMOURS MARKERS

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂

##### Radiological Investigation

- Chest X-Ray

##### Selection of 2 Tests:

- Pelvis Ultrasound
- Prostate Ultrasound
- Breast Ultrasound
- Mammogram
- Treadmill ECG
- Bone Mineral Density
- Thyroid Ultrasound

##### URINE & STOOL ANALYSIS

- Urine FEME
- Stool Occult Blood

##### EVALUATION & REPORT

- Full Medical Report
- Post Examination Review by Doctor

# EXECUTIVE HEALTH SCREENING PACKAGES

## EXECUTIVE PACKAGE (ABOVE THE AGE OF 40)

### \$710

#### Medical Examination By Doctor

- Interview on Medical History
- Physical Examination
- ThinPrep ♀

#### Clinical Assessment

- Height & Weight and BMI
- Blood Pressure
- Body Fat Measurement
- Visual Acuity
- Colour Vision
- Tonometry
- Spirometry
- Digital Retina Photography
- 12 Leads Resting Electrocardiography

#### Blood Investigation

##### HAEMATOLOGY

- Haemoglobin
- Total Red Blood Cell Count
- Haematocrit (HCT/PCV)
- Red Cell Indices (MCV, MCH, MCHC)
- Total White Blood Cell Count
- Differential Count
- Platelet Count
- Blood Group
- Peripheral Blood Film (PBF)
- Erythrocyte Sedimentation Rate (ESR)

##### ANAEMIA SCREEN

- B12
- Folate
- TIBC
- Ferritin
- Iron

##### KIDNEY FUNCTION

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride

##### LIVER FUNCTION

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

##### DIABETES SCREEN

- Glucose
- HbA1C

#### BONE & JOINT SCREEN

- Calcium
- Uric Acid
- Phosphate
- Rheumatoid Factor

#### LIPID SCREEN

- Total Cholesterol
- Triglycerides
- HDL Cholesterol (Direct)
- LDL Cholesterol (Calculated)
- Total Chol/HDL Ratio

#### THYROID SCREEN

- Thyroxine (Free T4)
- Thyroid Stimulating Hormone (TSH)

#### CARDIAC RISK PROFILE

- hs C-Reactive Protein (hsCRP)

#### IMMUNOLOGY

- Helicobacter pylori

#### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis B Antibody
- Hepatitis B Antigen
- Hepatitis C Antibody

#### TUMOURS MARKERS

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Nose (EBV)
- Pancreas (CA 19-9)

#### Radiological Investigation

- Chest X-Ray

#### Selection of 2 Tests:

- Pelvis Ultrasound
- Prostate Ultrasound
- Breast Ultrasound
- Mammogram
- Treadmill ECG
- Bone Mineral Density
- Thyroid Ultrasound

#### URINE & STOOL ANALYSIS

- Urine FEME
- Stool Occult Blood

#### EVALUATION & REPORT

- Full Medical Report
- Post Examination Review by Doctor

# EXECUTIVE HEALTH SCREENING PACKAGES

## EXECUTIVE PLUS PACKAGE (ABOVE THE AGE OF 40)

### \$1,010

#### Medical Examination By Doctor

- Interview on Medical History
- Physical Examination
- ThinPrep ♀

#### Clinical Assessment

- Height & Weight and BMI
- Blood Pressure
- Body Fat Measurement
- Visual Acuity
- Colour Vision
- Tonometry
- Spirometry
- Digital Retina Photography
- 12 Leads Resting Electrocardiography

#### Blood Investigation

##### HAEMATOLOGY

- Haemoglobin
- Total Red Blood Cell Count
- Haematocrit (HCT/PCV)
- Red Cell Indices (MCV, MCH, MCHC)
- Total White Blood Cell Count
- Differential Count
- Platelet Count
- Blood Group
- Peripheral Blood Film (PBF)
- Erythrocyte Sedimentation Rate (ESR)

##### ANAEMIA SCREEN

- B12
- Folate
- TIBC
- Ferritin
- Iron

##### KIDNEY FUNCTION

- Urea
- Creatinine
- Sodium
- Potassium
- Chloride

##### LIVER FUNCTION

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGOT/AST
- SGPT/ALT
- Gamma GT

##### DIABETES SCREEN

- Glucose
- HbA1C

#### BONE & JOINT SCREEN

- Calcium
- Uric Acid
- Phosphate
- Rheumatoid Factor

#### LIPID SCREEN

- Total Cholesterol
- Triglycerides
- HDL Cholesterol (Direct)
- LDL Cholesterol (Calculated)
- Total Chol/HDL Ratio

#### THYROID SCREEN

- Thyroxine (Free T4)
- Thyroid Stimulating Hormone (TSH)

#### CARDIAC RISK PROFILE

- hs C-Reactive Protein (hsCRP)

#### IMMUNOLOGY

- Helicobacter pylori

#### HORMONAL PROFILE

- Progesterone
- Estradiol (E2)
- Testosterone
- Follicular Stimulating Hormone (FSH)
- Luteinizing Hormone (LH)
- Prolactin

#### CERVICAL CANCER SCREEN

- HPV DNA

#### HEPATITIS SCREEN

- Hepatitis A (HAV) IgG Antibody
- Hepatitis B Antibody
- Hepatitis B Antigen
- Hepatitis C Antibody

#### TUMOURS MARKERS

- Liver (AFP)
- Colon (CEA)
- Ovaries (CA 125) ♀
- Prostate (PSA) ♂
- Nose (EBV)
- Pancreas (CA 19-9)

#### Radiological Investigation

- Chest X-Ray

#### Selection of 3 Tests:

- Pelvis Ultrasound
- Prostate Ultrasound
- Breast Ultrasound
- Mammogram
- Treadmill ECG
- Bone Mineral Density
- Thyroid Ultrasound

#### URINE & STOOL ANALYSIS

- Urine FEME
- Stool Occult Blood

#### EVALUATION & REPORT

- Full Medical Report
- Post Examination Review by Doctor

## PRE-SCREENING GUIDELINES

### ***Please bring along:***

- Mode of identification: NRIC/WP Card upon registration
- Past medical reports and current medications, if any.

### ***Preparations***

- Please fast for at least 10 hours before your scheduled appointment to ensure accuracy of your blood tests. Sips of plain water are allowed during the fasting period.
- Please do not take any morning medication/s unless otherwise advised by your physician. You may consume it after the screening tests are completed. Regular high blood pressure and heart medication can be taken as per usual.
- If you require spectacles, please bring them along for your vision tests. Kindly avoid wearing contact lenses on the day of your appointment.
- Please bring your own running shoes and sports attire to change for your Treadmill Stress ECG.
- Your urine and stool specimen will be collected on the morning of your appointment.
- For ladies, please schedule your appointment 5 days after your last day of menstruation.
- The entire screening will be completed in one morning.
- Pre-booking is required. Please call 6811 8686 to book an appointment.



## Contact Us



**Healthway Screening @ Downtown**  
6A Shenton Way #03-11/12/13  
Downtown Gallery  
Singapore 068815

**Healthway Screening @ Downtown directions:**  
Nearest MRT Station – **Tanjong Pagar (EW15)**  
Exit Tanjong Pagar MRT Station through Exit F, cross Robinson Road and walk straight towards OUE Downtown Gallery.



**Healthway Screening @ Centrepoint**  
176 Orchard Road #06-03/04  
The Centrepoint  
Singapore 238843

**Healthway Screening @ Centrepoint directions:**  
Nearest MRT Station – **Somerset (NS23)**  
From Somerset Station Exit B, walk out of Somerset 313 towards Orchard Road. Cross at the traffic light and turn right towards The Centrepoint.



**Healthway Screening @ Capitol**  
13 Stamford Road #B2-17/18/19/20/21  
Capitol Singapore  
Singapore 178905

**Healthway Screening @ Capitol directions:**  
Nearest MRT Station – **City Hall (EW13/NS25)**  
From City Hall Station, on the right you will see the sign Exit D to Capitol. Exit D is a passageway that goes under North Bridge Road. Continue along this passageway into Capitol Singapore.

### Operating hours for all Healthway Screening Centres:

**Monday to Friday: 8.00 am – 5.00 pm**  
**Weekdays Lunch Break: 1.00 pm – 2.00 pm (Closed)**  
**Saturday: 8.00 am – 12.00 pm**  
**Sunday and Public Holidays: Closed**



6811 8686



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